

Collaborative Support Recovery Resources

Waukesha County Heroin Task Force Support Recovery Action Team

The focus of this action team is to provide recovery support both for individuals and their families battling substance use disorder.

PREAMBLE

In pursuit of collective resilience and renewal, the HTF Support Recovery Action Team has assembled these resources as beacons of hope and strength. As we navigate the paths of recovery, we recognize the profound impact of adversity and the shared journey toward healing. This compendium stands as a testament to our commitment—together—to fostering restoration, empowerment, and thriving.

These resources converge from our HTF community partners and encompass a tapestry of tools, knowledge, and guidance, woven with the intent to uplift and embolden individuals and communities in their pursuit of recovery.

We hope you find these pillars of support to offer solace in times of uncertainty, illumination in moments of darkness, and pathways to resilience amidst challenges.

Together, we embark on this journey—a journey fueled by empathy, bolstered by shared knowledge, and guided by the unwavering belief in the human capacity for renewal.

If you have any questions regarding these resources, we encourage you to contact Nicole Breu at nbreu@waukeshacounty.gov and she will direct you to the right person.

Summary are the Resource List Include (Titles below are linked to categories in document)

- 1. <u>Resources available for people affected or touched by addiction/substance use</u>
- 2. <u>Treatment Programs</u>
- 3. Housing Assistance
- 4. Employment Assistance
- 5. Food Security
- 6. <u>Youth</u>
- 7. <u>BIPOC</u>
- 8. <u>Veterans</u>
- 9. LGBTQIA+
- 10. Domestic Abuse or Violence
- 11. Peer Run Respite Centers



1. Resources available for people affected or touched by addiction/substance use

Narcan Locations — ARC, Inc. Prevention Education (yourchoiceprevention.org)

Mobile Narcan/ Syringe Services/ HIV/STI Testing- Vivent Health 414-429-9701 Monday and Wednesday 8:30-4 pm

Never Use Alone

-CALL 800.484.3731 if you are going to use when you're alone. An operator will ask for your first name, exact location, and the # you are calling from. If you stop responding after using, we will notify EMS of an "unresponsive person" at your location.

-Meeting people where they are, on the other end of the line, one human connection at a time.

Provide overdose prevention, detection, crisis response and reversal services to people who use substances while alone.

Provide no-cost lifeline services 24-hours a day, 365-days a year. Our services are stigma-free. Just love! <u>www.NeverUseAlone.com</u>

ANY Fire Department

Walk into any fire department for a kit of harm reduction tools.

WAUKESHA ALANO CLUB

318 W Broadway Waukesha, WI 53186

LAKE AREA ALANO CLUB

N60W35878 Lake Dr Oconomowoc, WI 53066

ARC 24-hour Resource Line: (262) 524-7920 Waukesha County **211** or dial (414) 455-1736 or toll free at 1-866-**211**-3380 Rogers Memorial Hospital - (800) 767-4411 - <u>Website</u> Alcoholics Anonymous Helpline - (414) 771-9119 - <u>Local Meetings</u> Narcotics Anonymous Helpline - (866) 913-3837 - <u>Meeting Locations</u> Celebrate Recovery - <u>Waukesha Locations</u> Heroin Anonymous - <u>Online Meetings</u> Waukesha County Health and Human Services - <u>Website</u> Denoon Recovery Center - <u>Website</u> 4th Dimension Sober Living: <u>https://www.4thdimensionsobriety.com/</u> <u>Roots Recovery Center</u> WCS Waukesha - Provides Certified Peer Specialist services- for anyone on probation, or involved with treatment courts.



WisHope Sober Living: https://wishope.org/

Bethany Recovery Center: https://bethany.org/service/bethany-recovery-center

Friends and Family supporting loved ones affected by addiction/substance use

- Parents Place <u>www.parentsplacewi.org</u> Nurturing Parenting Families in Substance Abuse Treatment and Recovery
- Alcohol and Other Drug Abuse (AODA), Family www.alanon-wi.org

2. Treatment Programs

SAMHSA's National Helpline: 800-662-4357 or www.samhsa.gov/find-treatment 2-1-1 Programs Database: www.211wisconsin.communityos.org/guided-search NAMI Helpline: 800-950-6264 or text 62640

3. Housing Assistance

To find a variety of housing options, contact the **Wisconsin Division of Energy, Housing, and Community** at 866-432-8947 or <u>www.energyandhousing.wi.gov/pages/housing.aspx#affordable</u>

For **Homeless Assistance Agencies in Wisconsin** by county, contact the U.S. Department of Housing and Urban Development at 800-955-2232 or visit <u>www.hud.gov/states/wisconsin/homeless/agencies</u>

4. Employment Assistance

To find employment rehabilitation or supported employment, contact the **Wisconsin Department of Workforce Development** at 608-261-0050 or visit <u>www.dwd.wisconsin.gov</u>

For workplace discrimination due to a mental illness contact the **Americans with Disabilities Act Information Line** at 800-514-0301

5. Food Security

In Wisconsin, 530,000+ people are facing hunger, if you or someone you know is in need of assistance with food security, please call **211** or visit the following websites:

www.feedingwi.org/gethelp/ www.getaquestcard.org/ www.foodpantries.org/st/wisconsin www.feedingamericawi.org/find-help/ Friends with Food



6. YOUTH

- Well Badger Resource Center: 1-800-642-7837 | www.wellbadger.org
- Regional Centers for Children and Youth with Special Health Care Need: www.dhs.wisconsin.gov/cyshcn/regionalcenters.htm
- Wisconsin Family Ties: 1-800-422-7145 | www.wifamilyties.org

7. BIPOC

- www.mhanational.org/bipoc-mental-health
- www.myasha.org/bipoc-mental-health-resources/
- To find a provider: <u>www.inclusivetherapists.com/</u>

8. VETERANS

- Center for Veterans Issues (CVI): 414-345-4254 | <u>www.cvivet.org</u>
- The Wisconsin Veterans Network (VetsNet): 414-257-3624 | www.wisvetsnet.org

9. LGBTQIA+

If you identify as LGBTQIA+ and are in need of a safe, judgemental-free place to talk, contact the **Trevor** Lifeline at 866-488-7386 or text START to 678678

- <u>www.thetrevorproject.org/get-help-now</u>

To connect with the **PRISM Peer Support Warmline**, call or text 414-336-7974

10.Domestic Abuse or Violence:

- Domestic Violence Hotline: 1-800-799-7233

- Sojourner Family Peace Center and Women's DV Shelter: Sojourner provides an array of support to nearly 8,000 clients each year aimed at helping families affected by domestic violence achieve safety, justice, and well-being. <u>https://www.familypeacecenter.org/</u> | 24-hour hotline & crisis shelter: Call: (414) 933-2722 Text: (414) 877-8100

11.Peer run respite centers

Milwaukee:

- **Parachute House:** 414-877-5918

Waukesha:

- **R&R House for Veterans:** 262-336-9540