**Adult Care Worker**

Reports to:

Program:

Classification: Full time

**Job Summary:**

The Adult Care Worker is responsible for assisting individuals in achieving treatment goals set to effectively manage their mental health and/or substance use disorder. This includes post-crisis care plans and/or independent living goals for each consumer in a manner consistent with standards of care established by State and Federal regulations and the policies and procedures of Elevate, Inc..

**Essential Functions:**

1. The Adult Care Worker position is responsible for creating a calm, post-crisis, recuperative milieu, and direct resident/staff interaction to modify past resident behavior and develop improved lifestyle changes. As such, the Adult Care Worker is an empathetic and influential intervener in the patterns of resident behavior that may produce mental illness symptomology. Specific responsibilities include:
   * + 1. Enforces rules, policies and procedures of the program.
       2. Monitors approved medication self-administration
       3. Provides guidance to residents struggling to make adjustments; recognizes resident problems with sleep, concentration, fatigue.
       4. Supports resident sense of well-being, worth, and social interaction.
       5. Encourages resident participation in scheduled activities.
       6. Organizes, prepares, and serves meals and engaging residents at the appropriate level.
2. The Adult Care Worker is also responsible for monitoring and supporting consumers’ ability to maintain independence. The Care Worker provides direct interaction to develop and support healthy lifestyles that enable them to manage their symptoms effectively.
   1. Provides consumers with support and direction to develop healthy life skills including personal hygiene, dietary and nutritional habits, cleaning and laundry, and positive social interaction.
   2. Visits consumers in their residence to observe independent living ability and recommend and support behavior modifications that promote independence. Specific responsibilities include:
      * 1. Monitors approved medication self-administration.
        2. Assists clients in achieving independent living treatment goals specific to socialization, medical or other appointments, nutrition and money management
        3. Supports long-term recovery and psychosocial development of the client.
3. Participates in team staffing and case management activities as requested.

1. Other activities as may be directed by the Program Director.

**Qualifications:**

1. A minimum of an Associate's Degree in a Human Services related field. Bachelor or Master’s degree in related field preferred. Experience in adult care, and mental health and alcohol and other drug abuse services;
2. Experience in residential settings, adult care, and/or mental health or alcohol and other drug abuse treatment services is preferred;
3. CBRF Certification is preferred;
4. Valid Wisconsin Driver's License and eligibility for Elevate’s insurance coverage required.
5. Experience and training as required under HFS 36 relative to psychosocial rehabilitation services is required;
6. Excellent communication and organizational skills;
7. Strong interpersonal skills and persuasiveness;
8. Knowledge of mental health diagnosis and treatment, cognitive psychotherapy, and/or psychopharmacology is helpful;
9. Knowledge of patient rights and privacy laws is helpful.

The mission and philosophy of Elevate requires this position to perform in both a professional and personable manner. The manner in which the employee relates to fellow employees, clients, and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each client, visitor and fellow employee is a requisite of successful job performance. In addition, strict client confidentiality must be maintained.

*Updated May, 2019*