Waukesha County Drug Free Communities Coalition
Coalition Meeting – Year 9
MINUTES

Day/Date:	Friday, September 21, 2018	**Facilitator:**	Larry Nelson & Gabby Burnitz
Time:	8:30am-10:00am	**Time Keeper:**	Adele Revoy
Location:	DHHS, room 114	**Minutes:**	Adele Revoy

Number of Attendees	18	**Number of Leadership Team Members:**	9	**New Attendees:**	1

SECTORS REPRESENTED

Business	0	Law Enforcement	1	School	1	Comm Services	3
Civic Organization	1	Media	0	Youth	0	DFC staff	3
Government	2	Parent	0	Youth Serving	1	Other AODA	0
Healthcare	4	Religious	0	Tobacco	1	Unknown	1

DOCUMENTS AVAILABLE: Agenda; minutes from August 17, 2018 Coalition mtg; copies of the Heroin Guide in English; order forms for Heroin Guides & Dose of Reality materials; rack cards with Drop Box locations.

NEXT COALITION MEETING: October 18, 2018 – **THURSDAY EVENING MEETING** [no meeting during the day on Friday, 10/19/18] Networking time 5:30pm-6:00pm; meeting from 6:00pm-7:30pm at Life Point Church, 560 Bay View Rd., Mukwonago, WI 53149. Please contact Adam Kindred, Director of Prevention Programming at 262-419-6759 for more details.

MINUTES

I. Welcome and Introduction [Larry Nelson & Gabby Burnitz, Co-Chair; 8:30am-8:50am] *Documents: Agenda and August 2018 Coalition meeting minutes*

Welcome!

Introductions from all attendees completed. People were encouraged to take literature off the table along with order forms for Heroin Guides and Dose of Reality materials.

General Announcements [Adele Revoy]

Year 9 was fun! Ends Sept 30, 2018. Welcome Year 10! Oct 1, 2018 to Sept 30, 2019. Leadership Team is meeting after the Coalition meeting to continue strategic planning after the grant ends.

Healing Hearts will be receiving $10,000 from DFC money to expand their groups for children who are suffering a loss due to family members' substance use and abuse. Healing Hearts has also applied for a Federal Office of Victims of Crime grant that would allow them to set up services in 2 new cities in Waukesha County.

ACTION ITEMS:

- ☐ Complete order forms for Heroin Guides and Dose of Reality materials.
- ☐ Invite a friend to the next Coalition meeting.

II. Committee Reports and Community Events [Committee Chairs and Coalition Members; 8:50am-9:10am]

Programs Committee [Adam Kindred]

Programs Committee meeting on the 4th Tuesday of every month, which is next Tuesday on Sept 25, 2018. If you cannot attend in person, people can call in too.

The Committee will continue to plan the Community meeting in Mukwonago at Life Point Church on Oct 18, 2018; this is October's Coalition meeting. Next Peers 4 Peers training is November 15, 2018 - always looking for adult volunteers.

Data Committee [Adele Revoy]

YRBS data is in and Adele looking at some sort of analysis beyond just Waukesha County – maybe by substance per state per nation – will have highlights at the Community meeting in October. Adele will also present other Year 9 data highlights at the meeting. Members in attendance agree that it would be useful if there were data updates on what is being collected throughout Year 10. The YRBS Data Committee, which is part of the Waukesha CHIPP, will be looking at sections of County where the schools are already administrating the survey to see if all the schools would agree on the same questions, same grades and at the same time of year.

Community Events

Next **Take Back Day is Oct 27, 2018 from 10:00am-2:00pm** (unless otherwise posted) – flyer with all the locations will be distributed through email and paper copies available at the October meeting. Captain Strandberg noted that the Metro Drug Unit spends a day getting all the medications from the police departments in the County.

ACTION ITEMS:

- ☐ Help spread the word about the next Take Back Day on October 27, 2018 from 10:00am-2:00pm (unless otherwise posted)
- ☐ For information on the Programs Committee and volunteering for P4P, please contact Adam Kindred at akindred@elevateyou.org

III. Guest Speaker: Chris beck, Executive Director of Healing Hearts [9:10am-10:00am]

Healing Hearts is a nonprofit organization that helps children cope with grief and loss in their lives. The organization serves the youth, with encouragement for adults to attend too. They host 13-week sessions in Waukesha and 7-week sessions in Oconomowoc.

Children are divided by age in small groups (average 3-4 children), and there may be many different forms of loss (parent divorce, suicide, incarceration, overdose, etc.) in the group. Children are great supports for each other as they can be more emphatic. The support groups help children deal with the reality in their lives. The goals of the program are: Break isolation of grief, Honor the loss and feeling, Teach Coping skills, Integrate loss into one's life and Build hope.

Adults are separated by type of loss, so there is a group for people going through a divorce, family members dealing with a suicide, and a group of grandmas who are taking care of their grandchildren because parent is gone due to heroin/opioid death, missing or incarceration.

There is a support group for Spanish speaking adults, whose children are bilingual so they can join any of the children's groups. The group is run by bilingual facilitators and they use their own curriculum.

All the services are free. Participants do not have to live in Waukesha County – some families come from the Milwaukee and Jefferson counties.

Fall session starts September 24, 2018 in Waukesha- groups are on Mondays (13 consecutive Mondays) at First United Methodist church in Waukesha; there will be a total of 10 support groups. In the last spring session, there were a total of 67 participants. There is no limit to the number of families. At this point, there are only 6 families registered but it is common to have "walk-ins" on the first night and get more referrals from social workers/school counsels when schools are up and running.

Oconomowoc session will start in October with be 7 consecutive Thursdays. Families can join at anytime during the sessions.

There are a total of 48 adult volunteer facilitators who help run the support groups. These volunteers participate in a 6.5 hours one-day training, which is free to them. None of them are paid for their time and they agree to commit for the entire 13 or 7 week sessions. Facilitators also agree to go to two additional trainings throughout the year, which Healing Hearts pay the registration fee. **More volunteer facilitators are always welcome.**

Please contact CHRIS BECK for information on how to register and becoming a facilitator. Email: hhwc@gmail.com or 262-527-1433.

UPCOMING DFC COALITION MEETINGS

November 16, 2018 (back at normal time on Friday morning from 8:30am-10:00am)
Young people in the regional FACT group *["spreading the truth about tobacco"]* will offer a youth roundtable discussion on a variety of tobacco issues, and JUUL use in high school environments will be one of their topics.

**December meeting is cancelled – enjoy the holidays.